

Gymnastics/Dance Creations

All Gymnastics programs are open to boys and girls and are held at Palouse Empire Gymnastics, 810 N Almon, Moscow
Min 10/Max 20



Fun & Fit Gymnastics Camp

Learn to tumble, swing, balance, and flip in our fun and fit gymnastics camp. Fee

includes t-shirt, crafts, and snacks. No experience necessary.

Entering 1st-6th gr
Tu-Th Jun 15-17 12:00-3:00pm \$70
Tu-Th Jul 6-8 12:00-3:00pm \$70
Tu-Th Aug 3-5 12:00-3:00pm \$70

Cheerleading Camp

Do you have an aspiring cheerleader? Come learn cheers, dance routines, stunts, and tumbling. At the end of the camp we will perform for the public at a special event. Campers need to have black workout shorts, white sneakers, and socks. Fee includes t-shirt, crafts, and snacks. No experience necessary.

Entering 1st-6th gr
Tu-ThSa...Jul 27-31 ... 12:00-3:00pm \$75
*Jul 31 perform at Cruisin' the Eastside Car Show
Tu-ThSa...Aug 17-21 .. 12:00-3:00pm \$75
*Aug 21 perform in the Lentil Festival Parade

Tumbling & Tramp Camp

Interested in only tumbling? This camp will focus on flipping and non-flipping skills on floor exercise, trampoline, Tumb Trak, and mini tramp. Fee includes t-shirt, crafts, and snacks.

Entering 1st-8th gr
Tu-Th...Jun 29-Jul 1 12:00-3:00pm \$70
Tu-Th...Jul 20-22 12:00-3:00pm \$70
Tu-Th...Aug 10-12 12:00-3:00pm \$70

Stunt & Tumbling Camp for Cheerleaders

Need to keep up your skills over the summer? Come learn creative stunts, basket tosses, tumbling, jumps, and more. This is a great camp to improve and learn new skills and get ready for fall.

Entering 7th-12th gr
Tu-Th...Jun 22-24 12:00-3:00pm \$65
Tu-Th...Jul 13-15 12:00-3:00pm \$65

Wiggle Worms

Come play each Tuesday and Thursday morning at Palouse Empire Gymnastics. The 30 minute class includes exploratory time, obstacle courses, gross motor skills, and eye hand coordination activities.

18 mos-2.5 yrs, parent participation required
TuTh...Jun 15-24 9:00-9:30am \$25
TuTh...Jul 6-15 9:00-9:30am \$25
TuTh...Jul 27-Aug 5 9:00-9:30am \$25

Dance Creations Workshops!

Each week we will explore different styles of dance: jazz, tap, hip hop, ballet, and creative movement along with stretches and basic yoga. Boys and girls will learn fun contemporary routines. Please wear comfortable clothes and bring a water bottle marked with participants name.

Instructor: Heather Havey
Location: Pioneer Center Min 5/Max 8

Preschool, 4-6 yrs

Tu May 4-25 3:45-4:30pm \$25

5 yrs old-Kindergarten

Tu May 4-25 4:35-5:20pm ... \$25

Preschool, 3-4 yrs

W May 5-May 26 3:45-4:15pm \$20

*No tap for this age group

1st-3rd gr

W May 5-May 26 4:20-5:05pm \$25

4th-6th gr

Th May 6-27 3:45-4:30pm \$25

Note to Participants' Parents/Guardians:

Due to the limited amount of space in most of our teaching areas, siblings are not allowed to participate in programs unless they are enrolled. This will allow our instructors to continue to provide small student-to-teacher ratios, which make our programs great.

Dance Dynamics Summer Workshops!

Energetic workshops filled with jazz, tap, hip hop, and more. Great workshops to sample a variety of new styles or brush up on previous dance skills. The programs are for girls and boys! Please wear comfortable clothes, P.E.-style soles (non-marking shoes), and bring a water bottle marked with participants name.

Instructor: Briyonne Havey
Location: Pioneer Center Min 4/Max 8

Beautiful Ballet!

5-7th gr
MW Jun 28-Jul 12 3:00-3:30pm \$20

K-1st gr
MW Jun 28-Jul 12 3:40-4:10pm \$20

2nd-4th gr
MW Jun 28-Jul 12 4:15-4:45pm \$20

*No class July 5

Just Jazz!

5th-7th gr
TuTh Jun 29-Jul 13 3:00-3:30pm \$20

K-1st gr
TuTh Jun 29-Jul 13 3:40-4:10pm \$20

2nd-4th gr
TuTh Jun 29-Jul 13 4:15-4:45pm \$20

No class: July 6

Totally Tap!

5th-7th gr
M-Th Aug 9-12 3:00-3:30pm \$20

K-1st gr
M-Th Aug 9-12 3:40-4:10pm \$20

2nd-4th gr
M-Th Aug 9-12 4:15-4:45pm \$20

