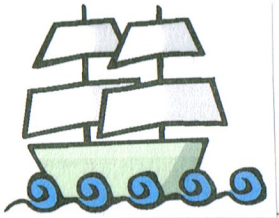
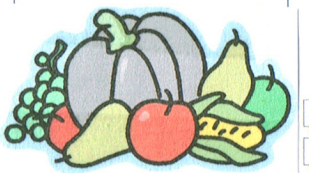


November 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 AM Fitness with Dennis	**2** 10:00 AM Pleasant Times Tea	**3** 8:30 AM Fitness with Dennis 11:00 AM Moscow Mall Trip	**4** 8:30 AM Coliseum Walk 9:30 AM Yoga 11:00 AM Fitness-Carole 11:45 AM COA Meal 12:30 PM Cards/Dominos 12:45 PM Band Practice	**5** 9:30 AM Lion King 12:30 PM Birthday Party Music: Lloyd Carstens
6	**7** 8:30 AM Coliseum Walk 8:30 AM Let's Move 9:30 AM Yoga 11:00 AM Fitness-Carole 11:45 AM COA Meal 12:30 PM Cards/Dominos 1:30 PM Grocery - D	**8** 8:30 AM Fitness with Dennis 12:00 PM Business Potluck 1:00 PM Business Meeting	**9** 11:30 AM Sangria Grille	**10** 8:30 AM Fitness with Dennis 1:00 PM COA Meeting 5:00 PM Supper Club: Nuevo Vallarta	**11** Veteran's Day City Hall Closed	**12**
13 9:30 AM Lion King	**14** 8:30 AM Coliseum Walk 8:30 AM Let's Move 9:30 AM Yoga 11:00 AM Fitness-Carole 11:45 AM COA Meal 12:30 PM Cards/Dominos 1:30 PM Grocery - S	**15** 8:30 AM Fitness with Dennis 10:00 AM Senior Bazaar Set Up	**16** 11:00 AM Senior Holiday Bazaar	**17** 8:30 AM Fitness with Dennis	**18** 8:30 AM Coliseum Walk 9:30 AM Yoga 11:00 AM Fitness-Carole 11:15 AM Band: Silver Tones 11:45 AM COA Meal 12:30 PM Cards/Dominos	**19**
20	**21** 8:30 AM Coliseum Walk 8:30 AM Let's Move 9:30 AM Yoga 11:00 AM Fitness-Carole 11:45 AM COA Meal 12:30 PM Cards/Dominos 1:30 PM Grocery - D	**22** 8:30 AM Fitness with Dennis	**23** 	**24** Thanksgiving City Hall Closed	**25**	**26**
27 	**28** 8:30 AM Coliseum Walk 8:30 AM Let's Move 9:30 AM Yoga 11:00 AM Fitness-Carole 11:45 AM COA Meal 12:30 PM Cards/Dominos 1:30 PM Grocery - S	**29** 8:30 AM Fitness with Dennis 1:30 PM Movie: Rooster Cogburn	**30** 12:00 PM Volunteer Recognition Luncheon			

Pullman Senior Center