



Pullman Parks, Facilities & Recreation

...Your Recreation Connection

March 2020

Upcoming Events:

- Youth Sports
- Babysitting Basics
- Irish Feast
- Art Workshop
- Gymnastics
- Lifeguarding
- Senior Yoga
- Safe Kids

Welcome March!

As we welcome the coming of spring to the Palouse, Parks & Recreation is gearing up for a fun fill spring sports season. If sports isn't your forte there are other recreational opportunities available for all ages; such as Ballroom Dance, Babysitting Basics, Yoga classes, art classes and so much more! Be sure to check the website

www.pullmanparksandrec.com for program and park updates. We are excited to continue to offer programs and classes to fill all of your recreation and educational needs during the spring season. During March and April we will also be undertaking our office move to the new Pullman Recreation Center located at 190 SE Crestview St. Updates on the move progress and exact dates will be provided on all social media as well as our website. Connect with us by calling 509-338-3227 with any questions. Happy Spring!

Contact us!

Pullman Parks, Facilities & Recreation

240 SE Dexter St., Pullman, WA 99163

Phone: 509-338-3227

Rainout Line: 509-334-3131

Email: recreation@pullman-wa.gov

Web: www.PullmanParksandRec.com

Facebook: www.facebook.com/CityOfPullman/

Twitter: https://twitter.com/City_of_Pullman



March 2020 (See our brochure for full program listings)

Pullman Senior Citizen Association Annual

Irish Feast

Thursday, March 12, 10:30am-2:30pm

Lunch served 11:00am-1:30pm

Pullman Senior Center, City Hall, 325 SE Paradise St

Do not miss Pullman Senior Citizen Associations annual Irish Feast. This annual event is for the whole Palouse area community! We will have a raffle drawing and great food.

Lunch will include **Corned Beef** themed dish, pie, and coffee for **\$8.00**.

For more information, call 509-338-3307.

➔ Proceeds support the Pullman Senior Citizens Association and senior activities.



Join the City of Pullman & Pullman Kiwanis Club for the 59th Annual

EGG HUNT

SAT., APRIL 11

KRUEGEL PARK

705 SE DILKE ST

1-4 YEARS OLD AT 10:00AM

5-9 YEARS OLD AT 10:10AM

Fun!
Prizes!
Special Guest!
Over 7,000 Eggs!



Parks & Recreation Commission

Current Members:

- Rebecca Dueben
- Zachary Fredickson
- Lynda Hamilton
- Mick Nazerali, Chair
- Rod Schwartz
- Matthew Winchell
- Gulsima Young

Meetings:

2nd Wednesday of each month at 6:30pm at City Hall

- ◆ Special meeting notices and cancellations posted at City Hall entrances, 325 SE Paradise St.

We are now on the City of Pullman Facebook and Twitter accounts with all Parks, Facilities & Recreation information, updates, and notices. Please join us at:

www.facebook.com/CityOfPullman/

https://twitter.com/City_of_Pullman





March 2020

Discovery Zone

Safe Kids

This program is a fun and entertaining way for children to learn valuable skills about safety. Focused on prevention. How to stay safe: at home, online, on the playground, and travelling.

Pioneer Center

Ages: 9-11 yrs

Wed Mar 4 12:30-4:00pm \$25/\$27

PSD Conference Week Camp:

PCT Kids Theatre Camp

Join PCT for a theater camp to help build kids' basic acting skills. Theater games, movement games, and improv. Short performance on Friday, March 6 from 4:00-4:30pm. Bring a snack and water bottle each day.

Nye Street Theater, 1220 NW Nye St

Ages: 9-13 yrs

March 4-6

Wed 1:00-4:00pm

Th-F 9:00am-4:00pm \$75/ \$77

PSD Conference Week Camp:

Art Workshop

In this totally hands-on art workshop, kids will be engaged using their creativity. Projects may include ceramics, wood sculptures, foil magnets, pop-up cards, bookmaking, papermaking, origami, drawing and painting activities! Bring lunch, snacks, water bottle and wear messy clothes.

Pioneer Center

Ages: 1st-5th gr

March 4-6

Wed 12:30-3:30pm

Th-F 9:00am-3:00pm \$97/\$99

Pony Time

Come learn all about horses through interactive stations in our indoor arena.

Art, education, and pony rides! Bring helmet and boots. All ages welcome.

Serenity Ridge Farms, Indoor Arena

Sat Mar 7 1:00-3:00pm

\$15/\$17 child \$25/\$27 family

Babysitting Basics

Want to make some extra cash babysitting the neighbor's kids? Then this is the class where you will learn how to keep the kids safe, happy and how to act responsibly in your new business venture. There is a homework assignment that can be found online at www.pullmanparksandrec.com.

Pioneer Center

Ages: 11+ yrs

Fri Mar 13 9:00am-3:00pm \$40/\$42

Nerf Rival

Are you ready for the Nerf Rival challenge? Bring your blasters and eye protection to the Pioneer Center and we will have a super fun time!

Pioneer Center

Ages: 12+

Fri Mar 20 6:00-8:00pm \$12/\$14

Gymnastic Classes:

GymKids, 212 Rodeo Dr. St 510 Moscow

Lil Ninjas

Fast pace course focused on obstacle course training, coordination and strength.

Ages: 4 yrs-Kindergarten

Sat Mar 28-Apr 18 11:30am \$45/\$47

Ninja Fitness

Students are challenged in agility and strength through the obstacle course and rig.

Ages: 1st-2nd graders

Sat Mar 28-Apr 18 12:00pm \$45/\$47

Palouse Empire Gymnastics, 810 N Almon, Moscow

Girls Beginning Gymnastics

Introductory course for girls new to the sport. Learn basic gymnastic moves including vaults and beams.

Ages: 2nd-5th graders

Sat Mar 28-Apr 18 11:00am \$70/\$72

Fitness

Basic Ballroom Dance

Learn the Foxtrot and American-style Rumba. These dances are fun and versatile! We start from the basics, so all levels are welcome. Remember...if you can walk, you can dance!

Pioneer Center

Tu March 3-April 21 7:00-8:30pm

Single: \$56/\$58 Couples: \$96/\$98

Rise & Shine

Pioneer Center

MWF Mar 23-May 1 6:00am \$72/\$74

Yoga: Adults

Pioneer Center

MW Mar 23-May 6 5:30pm \$52/\$54

Zumba® with Chelsie & Kristine

Come join the party!

Pioneer Center

TuTh March 24-May 21 5:45pm \$53/\$55



March 2020

General Recreation

Adult Softball League

Start putting your teams together now! Team registration packets will be available beginning March 16. Call Parks, Facilities & Recreation at 509-338-3227 for more information.

Walk/Run a Marathon!

Do you think that walking/running a marathon is entirely out of your reach? Not with "Walk/Run a Marathon!" Over a period of one month, your cumulative mileage can add up quickly! Fun and healthy way to kick off your mid-winter and spring fitness program. Calendars must be turned in by the due date to receive a finisher t-shirt. All ages welcome! Families are encouraged to walk/run together!

Marathon:

March 2-31

Completed calendars due by Apr 6

\$15/\$17

Spring Youth Sports

- **Youth Micro Soccer**

Ages: Kindergarten to 5th gr (**Mar 23/24**)

- **Youth Volleyball**

Ages: 2nd to 5th gr (**Mar 23**)

- **Middle School Soccer**

Ages: 6th-8th gr (**Mar 23**)

- **Start Smart Football**

Ages: 5-7 yrs (**Mar 26**)

- **Pee Wee Soccer**

Ages: 3-5 yrs (**Mar 28**)

Spaces are limited. Register Today!

We Are Moving!!!

Pullman Parks, Facilities, & Recreation will be moving this spring to the NEW Pullman Recreation Center located at 190 SE Crestview St. Phone numbers and emails will remain the same. Construction updates are being completed and the facility should be ready for us to move in the spring. Keep a look out for our moving date on all social media, and on our website at www.PullmanParksandRec.com.

Aquatics

American Red Cross Lifeguarding/First Aid/CPR/AED Certification

Participants must pass a skills test, at the first class.

Session 2:

March 27-May 3

Pre-course skill screening:

Fri Mar 27 6:00-8:00pm

Course work:

Sundays April 12 2:00pm \$240/\$242

Water Safety Instructor Course

Participants must be at least 16 yrs of age at the time of class.

Session 2:

March 27-May 2

Pre-skills session:

Fri Mar 27 6:00-8:00pm

Course work:

Saturdays Apr 11 8:00am \$240/\$242

Preschool Spotlight





March 2020

Active Adults

Yoga for Seniors

This gentle exercise class will develop the essence of Yoga with deep breathing, listening to what our body tells us, letting go of expectations, and accepting our bodies where they are today.

Pullman Senior Center

March 3-April 30

MWF 10:00-11:00am \$55/\$57

TuTh 8:45-9:45am \$46/\$47

TuTh 10:00-11:00am \$46/\$47

New! Free! Trivia

Gather a team of six individuals and join us for this fun way to build connections and test your knowledge. If you do not have a team, we will put you on one. Play for a chance to win individual and team prizes.

Tues Mar 10 12:30-3:30pm Free

Lake Coeur d'Alene Hot Cocoa Cruise

Starting our boating season early with a new cruise time for Lake Coeur d'Alene. Enjoy the views and a cup of hot cocoa. Bring your binoculars, camera, and warm clothes. Home pick-up to begin 1-hr prior to departure. Fee includes: escort and transportation. Meal cost not included. No refunds as tickets are pre-purchased.

Sun Mar 15 9:00am-7:00pm \$52/\$54

Area Senior Center Meal Site Visits

Travel to area senior center meal sites for lunch and participate in their activities. Home pick-up to begin 1-hr prior

to departure. Fee includes: escort. Meal cost not included.

Wed Mar 18 10:00am-3:00pm \$5/\$7

Casino Trips

These are our most popular day trips. Don't wait, sign up to reserve your spot TODAY! Home pick-up to begin 1-hr prior to departure. Meal cost not included.

Spokane Tribal Casino

Wed Mar 25 9:00am-5:00pm \$18/\$20

Northern Quest Casino

Sun Apr 26 9:00am-5:00pm \$18/\$20

Sandhill Crane Festival & Tours

Join us on a weekend outing to Othello for the annual Sandhill Crane Festival. Workshops, additional tours and activities. Home pick-up begins 1-hr prior to departure. Fee includes: accommodations, tours, escort, and transportation. Meal cost not included. No refunds after February 28.

Othello/Moses Lake, WA

F-Su March 20-22 10:00am-6:00pm

Single Occupancy: \$279/\$281

Double Occupancy: \$215/\$217

Dinner Club

Let our staff drive you to area eateries so you can join your friends for socializing over great food. Home pick-up to begin 1-hr prior to departure. Carpooling is welcomed; please sign up and pay fee so your spot at the establishment can be saved. Registration required.

Cougar Country, Pullman

Thurs Mar 26 4:30-7:00pm \$5/\$7

Lewiston Civic Theatre

Travel to the Lewiston valley to see a local theater performance. Will have lunch prior. Home pick-up to begin 1-hr

prior to departure. Fee includes: admission, escort, and transportation. Meal cost not included. No refunds as tickets have been pre-purchased.

Register by: March 15.

"The Nerd"

Sun Mar 29 10:00am-6:00pm \$38/\$40

New! Free! Movie & Lunch

Parks, Facilities, & Recreation will show free movies at the Senior Center. Bring a friend and a sack lunch and enjoy an afternoon movie. Movies are subject to change.

Wed Mar 11 11:30am-2:00pm

Movie: "Coco" (Animation)

Mon Mar 23 11:30am-2:00pm

Movie: "Indiana Jones & Raiders of the Lost Ark"

Free! Social Support Coloring Group

Pullman Senior Center

Wed Mar 4 1:30-3:30pm Free

TED Talk & Discussion Times

"Why we need darkness." Diane Knutson

Thurs Mar 26 11:00am-1:00pm Free



Easter Egg Stuffing Party 2019

March 2020 Calendar

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2	3 Ballroom Dance Senior Yoga	4 Safe Kids PCT Camp Art Workshop Mason Jar Science	5	6	7 Pony Time
8	9	10 CPR & First Aid Trivia	11 Movie & Lunch	12	13 Cooking w/ Jamie Babysitting Wibit Time	14
15 Lake CDA cruise	16	17 	18 Meal Site Visit	19	20 Nerf Rival Sandhill Crane Tour	21
22	23 Micro Soccer Volleyball MS Soccer Adult Yoga Rise & Shine Movie & Lunch	24	25 Casino Trip	26 Smart Start Football Dining Club Ted Talk	27 Lifeguarding Water Safety	28 Ninja Fitness Girls Gymnastics Pee Wee Soccer
29 "The Nerd"	30	31 Mini Hoops BB				

Discovery Zone
Dance/Youth Sports/Martial Arts
General Recreation

Fitness & Wellness/Adult Sports
PAFC Programs
Senior Center
General Programs/Events