

JANUARY

Pullman Senior Citizens Association
325 SE Paradise Street, Pullman, WA 99163 ~ 509-338-3307

Mark Your Calendars

- Wii Bowling Jan 17, 30
- CLOSED** New Year's Holiday..... Jan 2
- COA Meal..... Jan 3
- Birthday Party Jan 6
- Old Time Fiddlers Jan 9
- PSCA Membership Meeting..... Jan 10
- New Member Potluck Jan 11
- Moscow Shopping..... Jan 12
- Red Hats Jan 12
- CLOSED** Martin Luther King Day Jan 16
- COA Meal..... Jan 17
- PSC Breakfast Club..... Jan 19
- COA Meeting & Chore Service Jan 19
- Kitchen Band Jan 20
- Bingo Jan 20
- Lorita Leunge Dance Jan 21
- Blood Pressure Jan 23
- WSU Retirees Meeting Jan 24
- Volunteer Recognition Luncheon Jan 25
- Shriner Hospital Tour..... Jan 26
- Cribbage..... Jan 27

The Senior Center office will be closed on January 2nd & 16th for holidays

A note from Steve



Wow! On to another year. I am looking forward to working with everyone in making our center a FUN place to go. Please read some of the accomplishments below, and realize we are always looking for ways to improve our trips and activities. A special note for the next two months; when holidays occur on Mondays, our COA meal will generally be changed to Tuesday. See the Senior Newsletter for dates. **I hope your holidays were special and am truly thankful for our wonderful volunteers**

2016 Accomplishments at Pullman Senior Center

- Walmart continues to support our center with \$2,500 in grants.
- WSU Athletes fourth year participating in Game Day.
- Held a NEW and successful fundraiser, selling PSC Recipe books and raised nearly \$1,000.00 so far
- In cooperation with Hillyard Senior Center, offered overnight trips to Portland/Mt. Rainier & Vancouver B.C. with 86 participants
- Bought a portable PA system for our Kitchen Band

Volunteer

Recognition Party

Have you been volunteering at the Pullman Senior Center? We want to recognize you and your service to our center. Enjoy a delicious catered meal and a big thank you!

RSVP by: January 23

Thursday, Jan. 25

11:30 am

New Member Potluck

**Wednesday, Jan. 11 ~ 11:30am
Pullman Senior Center**

Welcome our NEW members!

We will be recognizing those who joined us last year. The Senior Association will provide the main entrée and members can sign up and list what they will bring. The new members do not need to bring food; just bring your smile.

Everyone welcome!

Menu

(Note: Menus subject to change without notice!)

- Jan 02 **Closed for New Year's Holiday**
- Jan 03 Potato bar, w/chili, cheese, bacon bits, onions, sour cream, fruit, dessert
- Jan 06 Beef pepper steak, rice, green salad, 10 grain bread, Birthday dessert
- Jan 09 Palouse soup mix, fruit salad, veggie tray, corn bread, lemon bars
- Jan 13 Cashew chicken, Asian-style noodles, Asian vegetables, fruit, Fortune cookie
- Jan 16 **Closed for Martin Luther King Holiday**
- Jan 17 Chicken wrap, apple sauce, carrot & celery sticks, cranberry-orange muffin
- Jan 20 Ham & broccoli casserole, green salad, tropical fruit, brownies "from Heaven"
- Jan 23 Fiesta taco salad w/chips, cheese, olives, tomatoes, salsa & sour cream, sliced peaches, dessert
- Jan 27 Cheeseburger, lettuce & tomato, coleslaw, baked beans, sugar cookie
- Jan 30 Chicken wrap, apple sauce, carrots & celery sticks, cranberry orange muffin

Lunch Costs: 60 yrs and older—Suggested cost is \$4.25
Under 60 yrs—meal charge is \$6.50

Sponsored by the Council on Aging

January Birthdays

Celebrate with us on Jan 6th

| | | | |
|------------------------|--------|-----------------------|--------|
| LouAnn Lomax | Jan 01 | Nancy Phelps | Jan 16 |
| Sheila Bershatsky..... | Jan 02 | Janice Whitman | Jan 16 |
| Eleanor Larsen | Jan 02 | Frances Winters | Jan 17 |
| Paul McDonald | Jan 02 | Jim Nardone | Jan 18 |
| Joann Ailor | Jan 05 | Les Baldik | Jan 21 |
| Jonna True | Jan 05 | Peter Haug | Jan 22 |
| Jack Carloye | Jan 07 | Sally Prater | Jan 22 |
| Nitin Vasavada | Jan 07 | Patricia Syron | Jan 22 |
| Carolee Armfield..... | Jan 08 | Jon Whitman..... | Jan 22 |
| Lynn Wald | Jan 10 | Kathie Keasal | Jan 23 |
| Jean Kudaishi..... | Jan 11 | Carolyn Cuddy..... | Jan 24 |
| Roland Line | Jan 11 | Ann McCoy..... | Jan 24 |
| Blanche McKennon ... | Jan 12 | Edith Akre | Jan 25 |
| Tatiana Dreyer..... | Jan 14 | Christine Engle | Jan 25 |
| Valda Steele..... | Jan 14 | DJ Warner | Jan 28 |
| Gail Nardone | Jan 14 | Hedy Herrick..... | Jan 31 |
| Vicki Emerson | Jan 15 | Al Kriens | Jan 31 |

Birthstone—

Garnet is considered a great gift to symbolize friendship and trust.

Flower—

Carnation which symbolizes fascination, distinction, love

December Birthdays

Sponsored By: Regency Pullman

Birthday Party

"Win a Free Day Trip"

Fri., Jan 6th ~ after COA Meal:

Special Thanks to:

Regency Pullman for sponsoring our FREE Day trip & prizes.



Pullman Senior Citizen's Association

2017 Board Members

Co-Presidents:

JoAnn Ailor & Marlene Stephens

Co-Vice Presidents:

Pat Hudak & Annabelle Syms

Treasurer: Mary Cole

Secretary: Jere' Strang

Board Members: Betty Millham, Helen Peru, Jolie Haug, Peter Haug, Carroll Hughes, DJ Warner

Past President: Sharon Sharp

Senior Coordinator: Steve Bell



The Senior Center
CLOSED for the holidays

January 2, 2017
January 16, 2017



January Meetings

- PSCA Membership Meeting..... Tue, Jan 10 at 1:00pm
- Red Hats Thu, Jan 12 at 10:30am
- COA Meeting..... Thu, Jan 19 at 2:30pm
- Chore Service Meeting..... Thu, Jan 19 at 3:30pm
- WSU Retirees Thu, Jan 24 at 1:30pm

Bridge Defense Class

Jan. 11,18,25
Wednesdays
from 10:00am-noon
Taught by Gloria Fischer

Defense, i.e. How to defend against your opponent's contract.

No cost

SPECIAL NOTES

- Registration for winter trips has begun and one can sign up at the Senior Center (509-338-3307), at the Parks & Recreation Office (509-338-3227), or online at: PullmanParksandRec.com
- See the winter brochure and newsletter online at: PullmanParksandRec.com
- Dues are still \$15 and \$25/ couple. Check your newsletter label for your dues renewal date in the upper right-hand corner.

Welcome our New Members:

Peggy Chevalier



January Trips & Activities

New Member Potluck

Meet the NEW members from 2016. Any seniors can come, but we will be recognizing those who have joined our center last year. The Senior Association will be providing the main entrée and members can sign-up and list what they will be bringing. The NEW members do not need to bring food, just bring your smile. Home pick-up begins 1-hr prior to scheduled departure. Sign-up at Center by: Jan 9

Location: Senior Center Min 15/Max 50

W Jan 11 11:30am-12:30pm Free

Lorita Leung Dance Company

Festival of Dance brings this unique Chinese dance company with almost 40 years of performing experience. This group has a rich and diverse repertoire that ranges from Classical to Folk, Ethnic and Contemporary Chinese Dance. Dinner before the show at Applebee's. Fee includes: escort, admission and transportation. Meal cost not included. Register by: Jan 13

Location: Moscow, ID Min 8/Max 31

Sa Jan 21 5:30-9:30pm

Resident: \$20/N-Resident: \$22

Volunteer Recognition Party

Have you been volunteering at the Pullman Senior Center? You are cordially invited to attend the annual volunteer recognition party. We want to recognize you and your service for the past year. Enjoy a delicious meal and a big thank you. This is for regular volunteers who have documented 20 hrs or more of volunteer service. Home pick-up will be available. Sign up at Center by: Jan 20

Location: Senior Center

W Jan 25 11:30am-1:00pm Free for members (\$6.00 for spouses or friends)

Shriner's Hospital Tour

Learn about this special hospital for children and it's commitment to providing the "best" care for children who need treatment, regardless of their family's ability to pay. Some of the specialty areas of this care includes: Orthopaedics; Burn care; Spinal cord injuries; Cleft lip and palate and others. We will have lunch before our tour at the Old Spaghetti Factory. Home pick-up begins 1-hr prior to scheduled departure. Fee includes: escort, tour and transportation. Meal cost not included. Register by: Jan 20

Location: Spokane, WA Min 8/Max 31

Thu Jan 26 10:00am-6:00pm

Resident: \$12/N-Resident: \$14

Register by calling 509-338-3307 or 509-338-3227

Canyon Country

Sept 25-Oct 3

Marvel at the red and white sandstone cliffs of Zion National Park. Explore the most amazing spires of Bryce Canyon Park. Behold the breathtaking views of the vast Grand Canyon. Delve into the Native American history and have an opportunity to chat with local tribe members. Your hotel room for two nights will be overlooking the stunning Lake Powell. Fee includes: airfare, lodging, 11 meals, admissions, taxes, escort, and transportation to and from Spokane International Airport. Get your Canyon Country flyer today by seeing Steve at the Pullman Senior Center or calling 509-338-3307. Registration by: Jul 24



M-Tu Sep 25-Oct 3

Double Occupancy: \$3,169 w/discount: \$2,999

Single Occupancy: \$3,919 w/discount: \$3,749

\$170 per person discount if registered by March 17. Cancellation/waiver insurance is an additional nonrefundable fee

Shopping in Moscow

Thursday, January 12th

Palouse Mall

Leave City Hall at 10:00am

Home pick-ups begin at 9:00am

Lunch is on your own

Sign-up in the Senior office

Transportation Cost is only

R-\$4.00/NR-\$6.00

PSC Breakfast Club

Thursday, January 19th

In Pullman

"Old European"

Leave City Hall at 9:30am

Home pick-ups begin at 8:30am

Sign-up online or in the Senior office

Transportation Cost only

R-\$1.00/NR-\$3.00

AARP TAX-AIDE

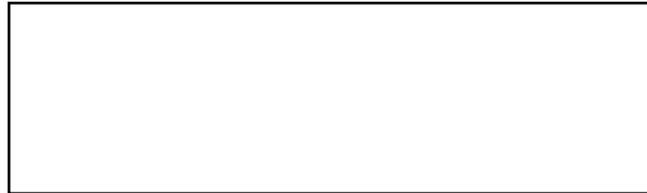
Back again this year in Pullman, AARP Tax-Aide will help seniors prepare their income tax and get the deductions and credits they deserve. This **FREE** service will be held **every Thursday from February 2 to April 13**. It will be "first come, first serve" basis and held from **9:30am-2:00pm**.

For more information, contact
Randy Baukol at 208-882-5406.

PULLMAN SENIOR CENTER
325 S.E. Paradise Street
PULLMAN, WA 99163

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**SENIOR
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Pat Hudak
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Betty Millham
Helen Peru
Peter Haug
Jolie Haug
Carroll Hughes
DJ Warner

Past President

Sharon Sharp

PULLMAN SENIOR CENTER INFORMATION

Senior Program Coordinator

Steve Bell at 509-338-3307 (has voice mail)
Email: steve.bell@pullman-wa.gov

Location & Mailing Address:

325 SE Paradise, City Hall, Pullman, WA 99163

Lunch Pick Up and Shopping

Call DJ at 509-332-1933 from 9:00-10:00am to sign up.

Senior Center Van Driver

Rick Stephens, Cell: 509-595-3879

Pullman Senior Citizens Association & Senior Center

For information about the Pullman Senior Citizens Association, the Senior Center, the newsletter, programs, trips or other senior services, please call (509) 338-3307. Membership dues are just \$15/single and \$25/couple annually.

Senior Citizens Mission Statement

Our purpose is to promote the social, cultural, spiritual, economic, physical, and mental well-being of the citizens of the community with particular attention to the older age group.